

## Rishi Joy Therapy & Wellness Centre @ Maralwadi



### **A – 10 days Residential Siddhi Samadhi Yoga Program (Every month for 10 days)**

Pranayam, Meditation, Jalneti, Sutraneti, Mudbath, Sunbath, Asanasa, Surya Namaskar and many deep learnings. Experience in natural surroundings. This leads to deeper cleansing if done already and also include family and friends.

**Register with : 9900023243/42**