# **RSVK Programs**

## **Enrolling into SSY Programs**

#### Register:

South Mumbai - Hemali 93240 82189 Malad - Satpal Arora 93246 61789

Kandivali - Sumati Ma 98209 20306 Borivali - Prakash Patel 98676 75141

Goregaon - Urvashima 99305 10853 Ghatkopar - Dhwani 88798 74122

Thane - Shyamala Ma 93239 36644 Kalyan - Shantaramji 91378 95464

Ulhasnagar - Dinesh Parwani 98220 75152 Khar - Preeti 99201 59058

Andheri – Venetia 95945 22444 Shivaji Park – Claire 9819700115

LiYA Information Center: 022 29655666

## Wednesday Satsang - Hindi

4<sup>th</sup> March – Celebrating Life

12<sup>th</sup> March – By Hemant Pethe

18th March – Kaya Kalp Kriya

25<sup>th</sup> March – Being With Guruji

Time: 7 pm to 9 pm | Contact: 9920159058

At: Ahimsa Bhavan, Mahavir Hospital Bldg. Ahimsa Marg, Khar (West).

#### Satsangs also at

Andheri: Sunday - 7.30 to 9.00 am, Contact - Ketaki - 9920957415

Borivali: Saturday - 6.30 to 8.30 am, Contact - Prakash - 9867675141

Goregaon: Wednesday – 4.00 to 6.00 pm, Contact – Urvashi - 9920957415

Ghatkopar: Saturday – 6.30 to 8.30 am, Contact – Sarojma – 9819971017 (Once a Month)

## Mind Your Health & Weight

- From Cough to Cancer The Cause and Cure
- Lose or Gain your weight Effortlessly
- Be a power-house of energy & Unblock your energy

For Enquiry and Registration Contact - 8655422770.

#### **Success Cue Program**

@Hotel suba International Directing you towards your Success!

For Enquiry and Registration Contact Claire - 9819700115.

#### **Executive SSY**

For - Executives & Managers

At Suba International Andheri (E).

For Enquiry and Registration Contact Claire - 9819700115.

#### **Magic of Marriage**

Come as a couple, go back as one! A 4 Day Residential Workshop on Celebrating Love! Experiencing Togetherness! Rejuvenating your joint energies!

Date: 12th - 15th March @Katarkhadak

For Enquiry Contact Bijal – 9820317484 | Julie – 9029980847 / 8655422770

## **Scope Camp**

Energise yourself by the power of this camp amidst nature, held at Katarkhadak. Go back and live an effortless Joyous life.

Date: 27th - 29th March

Pre-registration required Contact and enquiry Julie – 9029980847.

## **ISP - Infant Siddha Program**

For Happy Parents & Happy Child Mumbai Region:

Chowpatty - Manoj Mehta 9223406842 Ghatkopar – Darshana Dedia 9819348159

Shivaji Park - Kusum 9323284629 Thane – Shamala Chavan 9323936644

Andheri - Amit Shah 9323728375 Borivali – Darshan Desai 9323722448

Navi Mumbai -- Srishti Jha 97687 16010 Dombivali -- Aarti Salgaonkar 9322854447

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**Pune Region:** 

Hadapsar – Megha 9822545430 Tilak Rd – Sameer 92267 8456

Anudh – Sanjay 94223 56057 Viman Ngr – Prerna 9762007166

New Sanghvi – Vinita 9423569640

Kolhapur - Mahesh 9922403166 Indore -- Abhishek - 9752 542580

Buldana -- Swati – 9422181717 Solapur -- S.K. Kulkarni - 94220 66009

Prakash K - 98903 54906

Ichalkaranji – 94225819 Ahmednagar -- Padma Mulay – 9975454609

Other Areas India:

Indore – Abhishek 9752542580 Junagadh – Dr. Pandit 9825904141

Goa – Prakash 9423317083 Bangalore – Sailesh L. 9448850900

Delhi – Komal 9711114126 SSY @ Delhi – 9650290043

Karnatak -- Shaylesh 9448850900 / Srujana Sekhar 9743434290

ISP Abroad - 9392444251

Other Areas India – Kusum 022 244440959

USA -- Vishakama 001 949 689 9738

For New Centres / Online / Corporate -- Amit Shah - 9323728375

## 7-day Residential SSY @ Dehri – Every Month

A most wonderful way of energizing those who have no time in their daily routine. To empower every individual to:

- \* Learn the Science of Self-Management and
- \* Free Yourself from the stress of daily living.
- \* Bring Joy and Fun back into Your Life!
- \*Bring Health and Vitality into Your Body, no matter what

Date: 27th April - 3rd May

Enquiry and Registration: Priti - 9920159058 / 9768933594

# **One Day Workshop**

Date: 9th March | Topic: To be announced soon

Date: 24th March | Topic: To be announced soon

Date: To be announced soon | Topic: Relationships Relationships

@Hotel Suba International, Opp Cigarette Factory, Chakala, Andheri (E) Reg with Claire – 9029980847 / 8655422770

# **Magic of Gratitude**

- Transform your aspiration into reality.
- Be a power-house of energy.
- Unblock your energy.
- Open your Heart.
- Open up all possibilities.
- Live your dream.

Date: 4th March @ Hotel Suba International, Andheri, Mumbai

Register with 9920159058 / 9820421995

## **BST (Bhava Samadhi Training)**

Experience - the power of Truth, a powerful dip into Everybody-ness. Creates wonderful relationships for & with all and between couples too.

Date: 12th - 19th March @ Dehri Ashram | 7th - 14th May

Register with: 9920159058 (Dehri) | 022 26429143 | 022 26515043

# **AMC (Advance Meditation Course)**

Attending Silence Programs allow you to go beyond sensations, feelings, the past and thoughts that block your growth. AMC helps you to live with greater awareness and build your strengths. It helps you live in: 'Every thing is Okay', etc. ~

Date: 30<sup>th</sup> Mar – 3<sup>rd</sup> April @Dehri Ashram

Contact - Priti - 9920159058 / Shubada - 9423500643

# **Kaya Kalp Kriya Sadhana**

Date: Every Thursday Timing: 6am – 8am Venue: Sea Link, Bandra

Pre-registration & Confirmation by sms on 9323184993

#### SSY - Anand Yatra

Spiritual Tours to be Satsangh, Sadhana & Seva

For more details and registration Contact: Preeti 9920159058

# Corporate Kaya Kalp Kriya @ Maralwadi

- •KKK is a process which rejuvenates your body and brings back youthfulness.
- Employing Pranic Force as the stepping stone to rejuvenation.
- KKK Pranayam involves a direct hit at the JKundalini Shakti in the Mooladhara Chakra. It awakens the Prana instantly. ~

Contact – Sathishji 9900023256