## Rishi Joy Therapy & Wellness Centre @ Maralwadi



## A – 10 days Residential Siddhi Samadhi Yoga Program

(Every month for 10 days)

Pranayam, Meditation, Jalneti, Sutraneti, Mudbath, Sunbath, Asanasa, Surya Namaskar and many deep learnings. Experience in natural surroundings. This leads to deeper cleansing if done already and also include family and friends.

Register with: 9900023243/42